



Crystal Cove

Advanced Beginner & Brunch



Crystal Cove Ranger Station

Official website: <http://www.crystalcovestatepark.com/index.html>

8471 North Coast Highway

Newport Coast, CA 92657, Ranger Station phone (949)494-3539

DURATION/DISTANCE: Approx. 5 miles/2 hours

ABOUT THIS HIKE (for more info, see “Events” at www.OC-Hiking.com)

This hike is for those who wish to get to know the Crystal Cove State Park, but are not up for an advanced hike. The route is approximately five miles, there is one big incline (BFI). Be prepared to huff and puff and sweat for a bit! But the hill will be taken at a slower pace and the group will pick up speed for the rest of the hike. The planned route begins at the Ranger Station and heads up to BFI/Moro Ridge Road around to the East Cut Across aka “I-Think-I-Can” and then back down through El Moro Canyon. The hike should finish up in about 2 hours, depending on the pace of the group. Hike Duration: The distance is approximately 5 miles. Plan on 2 hours. Rain Cancels.

DIRECTIONS

I-5, South: Laguna Beach exit south. At PCH, turn right. 2.85 miles to El Moro Canyon turnoff (just past El Moro School.)

I-5, North: El Toro Road exit south on until Laguna Canyon, left. Continue to PCH, right. 2.85 miles to El Moro Canyon turnoff

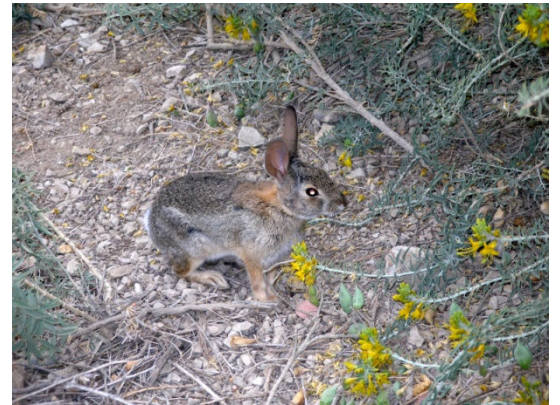
Google Maps: [Crystal Cove Ranger Station](#)

FEATURES

- Parking at the Ranger Station is \$10. You may wish to carpool
- Learn what “BFI” means!
- Join us from brunch afterwards at the Pacific Whey Café
- Restrooms and water at the Ranger parking lot.
- Enjoy exercise while you socialize
- Observe native plants such as black sage, prickly



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SAFETY TIPS

- 1) Stay with members who know the route
- 2) Maps are available at the Ranger Station
- 3) Know your limits
- 4) The trail has steep sections. Comfortable shoes with traction are advised
- 5) Please dress appropriately for hiking. Loose, comfortable clothing with wicking capability and layers for temperature variation is recommended
- 6) Please bring MORE than just one bottle of water
- 7) We are sharing the trail; watch for runners and bikers
- 8) Stop at trail junctures
- 9) Order the French Toast Pocket

WHAT OTHER PEOPLE SAID

"I met a lot of wonderful new and motivating people. The hike was challenging in a great way. I will be signing up again for sure." --Heather

"Thanks for a terrific hike, yummy brunch, and great camaraderie! Life is good."—Patti

"This is a great hike! Great people and views!"—Liz B.

